



DOMESTIC AND INTERNATIONAL
FRESH FRUIT & VEGETABLE TRADING

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WEEK COMMENCING

FRESH FRUIT	Variety	Growing Region	Grade/Size	Packaging	Season	FOB EU €	Unit
Apples Green	Granny Smith	North Greece	75-90	18 kg	Sept - May		KG
Apples Green	Golden		75-90	18 kg		KG	
Apples	Firikia	Central Greece		6 kg		KG	
Apples Red	Red	North Greece	75-90	18 kg		KG	
Apples Red	Fuji		75-90	18 kg		KG	
Apples Red	Jona Gold		80-95	18 kg		KG	
Apples	Kiku			5 kg		KG	
Avocado	HAAS	Creta	12,14,16,18	4 kg	Oct - Mar		KG
Avocado Ettinger	Ettinger		12,14,16,18	4 kg		KG	
Avocado Fuerte	Fuerte		12,14,16,18	4 kg		KG	
Avocado Pinkerton	Pinkerton		12,14,16,18	4 kg		KG	
Banana		Creta	Medium	30 kg	Nov- Apr		KG
Banana		Cyprus		20 kg		KG	
Blueberries		Tripoli		8x125 gr	Jul-Aug		KG
Cherries		North Greece	24,26,28,30	2 kg	Jun-Aug		KG
Chestnut		North Greece		10 kg	Oct - Mar		KG
Figs	Fresh	Athens		6 kg	Jul-Sept		KG
Grapefruit		Creta	45,50,55,60	15 kg	Oct - Mar		KG
Grapefruit	Pink		45,50,55,60	15 kg		KG	
Kiwifruit	Heyworth	North Greece	20,23,25,27,30,33	10 kg	Oct - Mar		KG
Lemons		Korinthos	3,4,5	15 kg	Oct - Mar		KG
Mandarins	Klimentina	Peloponisos		8 kg	Oct - Mar		KG
Mandoras		Cyprus		15 kg	Jan-Apr		KG

FRESH FRUIT cont	Variety	Growing Region	Grade/Size	Packaging	Season	FOB EU €	Unit
	Melon	Galia	Thiva	4,5,6	10 kg	May-Sept	
Melon	Sweet	4,5,6		10 kg	Sept- Nov		KG
Melon	Thrakis	4,5,6		10 kg	Sept-Nov		KG
Nectarines		North Greece	16,18,20,22,24	4 kg	Jun-Sept		KG
Oranges	Navel	Creta/ Peloponisos	3,4,5,6	15 kg	Oct- Mar		KG
Oranges Juicing	Juicing	Creta/ Lakonia	7,8	15 kg			KG
Oranges Valencia	Valencia	Creta/ Lakonia	5,6,7,8	15 kg	Apr- Sept		KG
Peaches		North Greece	16,18,20,22,24	4 kg	Jun- Sept		KG
Pears	Kristalia	North Greece	55+, 75+	8 kg	Oct - Mar		KG
Pears	Fetel	North Greece	12,14,16	4 kg			KG
Pineapples		America	7,8,9	11 kg			KG
Strawberries		Manolada		5 kg	Nov- May		KG
Watermelon	Red	Ilias	8-12 kg		Apr- Sept		KG
Watermelon Mini	Mini	Ilias	3-5 kg		May-Sept		KG
KIDS SIZE FRUIT	Variety	Growing Region	Grade/Size	Packaging	Season	FOB EU €	Unit
	Apples		<u>North Greece</u>	<u>65-70</u>	<u>18 kg</u>	<u>Oct-May</u>	
Mandarins			<u>Peloponisos</u>	<u>10 kg</u>	<u>Oct- Apr</u>		KG
Oranges			<u>Peloponisos</u>	<u>15 kg</u>	<u>Oct- Mar</u>		KG
Peaches			<u>North Greece</u>	<u>4 kg</u>	<u>May-Sept</u>		KG
Pears			<u>North Greece</u>	<u>11kg</u>	<u>May-Sept</u>		KG

FRESH VEGETABLES	Variety	Growing Region	Grade/Size	Packaging	Season	FOB EU €	Unit
Arugula		Nort Greece		100 gr	Jan-Dec		KG
Beans	Flat	Thesalia		10 kg	May-Oct		KG
Beans	Green			10 kg			KG
Broccoli		Greece	ice	7 kg	Nov - June		KG
Cabbage	Green	Chalkida	6,7,8,9	20 kg	Nov-Jun		KG
Cabbage	Red		6,7,8,9	20 kg			KG
Cabbage	White		6,7,8,9	20 kg			KG
Capsicum	Green	Creta	60-100	5 kg	Nov - June		KG
Capsicum	Red	North Greece	60-100	5 kg			KG
Capsicum	Yellow		60-100	5 kg			KG
Carrots	Long W/Leaves	Chalkida		10 kg	Nov - June		KG
Carrots	Medium			10 kg			KG
Carrots	Peeled			10 kg			KG
Cauliflower		Chalkida	6,7	8 kg	Nov - June		KG
Celeriac		Korinthos		10 kg			KG
Celery		Chalkida		10 kg	Nov - June		KG
Celery	Stick	Chalkida		10 kg			KG
Chillies	Green	Creta		2 kg	Nov- Jun		KG
Cucumber	Continental	Creta		10 kg	Oct - June		KG
Cucumber	Small			10 kg			KG
Eggplant	Large	Creta		6 kg	Oct - June		KG
Garlic	Whole	Thraki		100 pc	Jan- Dec		KG
Leek		Peloponisos		10 kg	Nov - June		KG
Lettuce	Butter Head	Athens	170-250	10 pc	Nov- Jun		KG
Lettuce	Iceberg	Tripoli		9-14 pc (cartons)			KG
Lettuce	Lollo Bianco Green	North Greece	170-250	10 pc			KG
Lettuce	Lollo Rossa		170-250	10 pc			KG
Lettuce	Masculine Mix			100 gr			KG
Lettuce	Radicchio	Tripoli	8,10,12,14	4 kg	Oct- Apr		KG
Lettuce	Rocket / Arugula	North Greece			Jan- Dec		KG
Lettuce	Romaine	North Greece		10 pc			KG

FRESH VEGETABLES	Variety	Growing Region	Grade/Size	Packaging	Season	FOB EU €	Unit
Mushrooms	Giant	N. Greece		3kg	Jan - Dec		KG
Mushrooms	Button			4kg			KG
Mushrooms	Champignon						KG
Mushrooms	Oyster	Korinthos		4kg			KG
Mushrooms	Portobello			4kg			KG
Okra				5kg	Jul - Aug		KG
Onions	Brown	Thiva	40,60,80,100	25kg	Jan - Dec		KG
Onions	Spanish		40,60,80,100	25kg			KG
Potato	Idaho				Jan - Dec		KG
Potato	New	Famous from Cyprus		10kg			KG
Potato	Large			30kg			KG
Potato	Sweet			10kg			KG
Pumpkin	Butternut		Thiva			12kg	Sept - Febr
Tomato	Beef	Creta		7kg	Oct - June		KG
Tomato	Bunch			5kg			KG
Tomato	Cherry Red			7kg			KG
Tomato	Large			6kg			KG
Tomato	Normal			6kg			KG
Tomato	Plum			10kg			KG
Zucchini	Green		Thiva			10kg	Jan - Dec

BABY VEGETABLES	Variety	Growing Region	Grade/Size	Packaging	Season	FOB EU €	Unit
Lettuce	Rocket Wild Baby	N. Greece		100gr	Jan- Dec		KG
Spinach	Baby			100gr			KG
HERBS	Variety	Growing Region	Grade/Size	Packaging	Season	FOB EU €	Unit
Basil		Creta		1 kg	May- Nov		KG
Chervil							KG
Chives							KG
Coriander							KG
Dill							KG
Mint							KG
Oregano							KG
Parsley	Continental						KG
Rosemary							KG
Sage							KG
Tarragon							KG
Thyme							KG
NOTES:							
<p>Our produce is proudly grown and packed in Greece unless otherwise stated Packaging quantities may vary slightly Pricing quoted is Euro FOB Athens Airport/Port of Piraeus Pricing is subject to change depending on supply and quality available Pricing is subject to change depending on packaging and size of the product</p>							